



The Chimes

"...I have great sorrow and unceasing anguish in my heart" (Romans 9:2)

In this verse Paul, the apostle of our Lord Jesus Christ, was talking about his great sorrow and the unceasing anguish in his heart. How do we deal with our sorrow and unceasing anguish?

There are many reasons for sorrow and unceasing anguish in someone's heart. In fact, there are a multitude of reasons why someone may feel stressed in life. Just a few of them are divorce, financial struggles, illness, death in the family, family conflicts, fear about what the future will hold, moving from one place to another, estrangement from someone in the family, or not having food to eat or a home to shelter you. Depression comes to a person when they cannot silence their mind and their circumstances overwhelm them.

A situation that causes a person not to be able to rest when they go to bed at night can lead to depression. We need good, quality sleep to feel energized the next morning and ready to do the physical or intellectual work of the day that makes us feel good about life, family and friends. In addition, when someone has an emotional problem, it is much more difficult to handle the problem in an effective way when they have no control over the circumstances or situation. So, how can we deal with thoughts that we feel we have no control over and cannot seem to stop... thoughts that just seem to keep appearing in our mind continuously?

Paul shared with the church in Rome how he felt about one issue that controlled his thoughts day and night. His sorrows and unceasing anguish were related to the future salvation of Israel. Sharing his unceasing anguish with others did not remove his sorrow, but it helped him in releasing the pain he felt for something that was out of his control.

We are social people by nature. We live in community, but sometimes we are afraid to share with others what bothers us. Keeping our problems within ourselves is like having a closed valve that keeps accumulating pressure behind it to a point where it cannot hold back the pressure any longer and eventually explodes.

You need to share with a friend, a family member, or with your Pastor the thoughts that you cannot silence in your brain. No matter how difficult they are to share, or how much pressure you have accumulated so far. You need to be like flowers. When the heat of the sun touches them, they open themselves to receive its light and warmth. When you share with others what is bothering you, you are going to feel relief and less pressure in your brain. You are going to be able sleep much better. The problem may not immediately go away, but that will be the beginning of you moving away from the unceasing anguish.

At the end of his reflection, Paul had no other choice but to leave everything in the hands of God. He had plenty of reasons to worry about Israel but, by giving a second thought to his concerns, he discovered that God's wisdom, power and love are in control of the history and salvation of Israel. God has an amazing plan that includes the salvation of the Jewish people.

The same is true with us today. We have a lot of things for which we could have many concerns. But, by letting our worries and concerns be released out of our systems, the healing process starts. After a dialogue with someone else you can make enormous progress in your mental and spiritual health. You can see the light of the sun... shining with all its splendor and radiant heat. You will hear the birds singing and praising God. You will smell the aroma of the flowers that move with the wind in praise of God. You can rejoice in the Lord God, who is merciful and kind with all of His children and all of His creation. Be happy, be saved, and praise God for his divine love.

Pastor Rey Diaz

Trinity's Guidelines For A Safe Return to Worship

In our effort for continued communication to everyone of our commitment to safely reopen our church, we are reprinting a letter from Pastor Rey, dated 6/10/20, that provides the exact guidelines that have been implemented. At that time we emailed this letter to all members that have provided email addresses, and for those member that did not have email addresses on file with the church, we mailed a paper copy of Pastor's letter/guidelines.



TRINITY UNITED METHODIST CHURCH

400 E. Seminary Street - Richland Center, WI 53581

608-647-3203 trinityumc@mwt.net

trinity.umchurchrc.org

6/10/20

Dear Trinity Church Member,

The Wisconsin Conference has provided guidelines for reopening our building and as part of Trinity's planning, we want to communicate with our members and regular attendees of our services that adjustments will be required before reopening our church.

The following guidelines have been developed to help aid our church in its steps to reopen and resume somewhat normal activities. Great consideration has been given to safety and the ability to mitigate transmission of the coronavirus at our gatherings. Bear in mind that governmental and other public health mandates may significantly change some of these steps (either accelerating or decelerating them). The goal is to provide guidelines which will help alleviate people's fears and concerns--while at the same time encouraging the church to remember that its mission to carry the Gospel forth continues and that our fellowship, while needing to adjust to worldwide realities, is still integral to our faith and our daily practice. We want people to feel as comfortable as possible coming back to an in-person service, so that they can receive encouragement and comfort and inspiration from the Lord and from each other.

TRINITY GUIDELINES FOR REOPENING - SUNDAY, JUNE 21, 2020

The following guidelines are based on some of the suggestions from the WI Conference for returning to public worship at Trinity United Methodist Church, beginning Sunday, June 21, 2020.

1. SUNDAY WORSHIP SERVICES:

- a. Open for anyone to attend beginning Sunday, June 21, 2020.
 - b. People should attend worship services only if they are comfortable with having interaction with other people. Your decision to attend or not attend is respected.
 - c. Note, Trinity has and will continue a very strict sanitizing of all high-touch areas, including restrooms, which will be cleaned/disinfected prior to each Sunday service. However, everyone entering will be doing so at your own discretion.
 - d. People who attend Sunday worship services are welcome to bring a mask and wear it during the +time they are at church.
 - e. People are welcome to bring hand sanitizer and use it at their discretion. Trinity will also provide hand sanitizer.
2. **ENTERING CHURCH:** Please use the East parking lot door and proceed directly to sanctuary, keeping your social distancing of 6 feet from others, and be seated. No gathering in groups.
 3. **OPEN AREAS:** Only the main floor has been sanitized and will be open for worship on Sundays; There will be NO access to upstairs or downstairs as they will be off limits until further notice.

4. SEATING:

- a. Open pews will have 2 bulletins in place to indicate available seating on that row. Every other pew will be left empty or blocked off to aid in social distancing.
 - b. Suggesting that family groups sit together with a minimum of 6 ft. separation from other families or singles.
5. **NO PASSING:** of offering plates, bulletins, communion elements. You are encouraged to bring your own Bibles, as the pew hymnals, Bibles, connect cards and pencils have been removed for the time being.
6. **OFFERTORY:** requesting all offerings be placed in the offering plates at back of sanctuary on tables behind last row of pews.
7. **COMMUNION:** there will be prepackage elements placed in the pre-determined open pews
8. **SUNDAY SCHOOL:** will not be meeting until safety for such gatherings has been determined. Children are to remain in the family group at all times.
9. **COFFEE HOUR:** food and beverage will not be available at this time.
10. **EXITING CHURCH:** When service is over people shall be dismissed back to front at 6 ft intervals. Please proceed to the East parking lot door. No gathering in groups.

11. RECOMMENDATIONS:

- a. If you have a fever, are symptomatic, or exposed to the virus, STAY HOME.
- b. It is recommended that handshaking and hugs not be practiced until we can see if there are any health problems that arise from interactions. Use your own judgment.
- c. Everyone should observe covering their cough or sneeze by putting their mouth and nose into their elbow joint when they sneeze or cough.
- d. Hand surfaces may carry communal diseases so people may want to wear gloves or immediately use hand sanitizer when entering or exiting doors or touching other communal surfaces.
- e. Be conscious of other people's comfort zones during this time and try to honor those spaces. This may mean staying six feet away even when talking.

Our mission is to strive to serve God and neighbor as faithful United Methodists. We know that our work is imperfect and incomplete, but we pray that it will guide you and give you hope as you serve in the context where you are called as you prepare for the future. It is possible that we may be opening and closing and reopening in the days ahead, should there be waves of the COVID virus that hit our communities again.

We will strive to update you as conditions change as they surely will!

With gratitude and blessings,

Pastor Rey Diaz

Celebrations and More.....



AUGUST BIRTHDAYS

Lila Spangler	8/1
Pat Leonard	8/3
Anita Alexander	8/6
Brian Perkins	8/8
Kayla Turgasen	8/10
Marlene Yates	8/13
Jack Johnson	8/13
Zada Rose Ludwig	8/13
Steve Hodge	8/18
Bruce Creasey	8/19
Eunice Black	8/20
Ross Nelson	8/23
Rosie Steinmetz	8/24
Catie Shannon	8/25
Leonard McNamer	8/31

TUESDAY MORNING WOMEN'S GROUP – meeting at 10 am in the church pews on the right with social distancing. Masks preferred but not required. Interesting discussions of the book and video series called “Discerning the Voice of God” by Priscilla Shirer. Come and enjoy the fellowship and support in our walk with God.

VISITATION COMMITTEE - has been sending cards since we are not able to visit at this time. If you are not coming to church at this time and would like to be added to our visitation list please leave a phone message or email at church with your name and address. In ministry Rosie Steinmetz



It is good for a man to eat and drink, and to find satisfaction in his toilsome labor under the sun.
ECCLESIASTES 5:18

10 Health Benefits of...

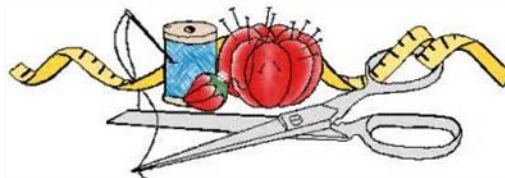
Watermelon

1. Highest Alkalisng Fruit!
2. Reduces High Blood Pressure
3. Reduce Heart Disease Risk
4. Reduce Blood Sugar Level
5. HIGH Water Content (92%)
6. Boosts Immune System
7. Strengthens Bones
8. Produces Energy
9. Cleans Kidneys
10. Fights Cancer



AUGUST ANNIVERSARYS

David & Nancy (Koehn) Pulvermacher	8/4
Bruce & Marilyn Creasey	8/16
Mike & Annie Windstrup	8/18
Jarred & Kennedy (Fitzgerald) Schneider	8/24



CAN YOU HELP?

I am sewing cloth bags to be included in the shoe box project at Christmas time to be sent over seas. I can use bed sheets, pillow cases, shams, cotton shirts, (not t-shirts) 36 inch ribbon, shoe strings, cords. Anything that could be used for a draw string 36 inches long. If you can help, please bring the supplies to the church and put my name on them; and put on pew in hallway coming in from parking lot.

Thanks so much, Nancy McCauley

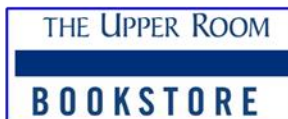
Best Sellers From "Upper Room" Online Bookstore.....

NOTE: Prayer beads are sold separately. Order beads at Kristen's site: www.prayerworksstudio.etsy.com.

Do you ever struggle with prayer? Maybe your mind wanders, you wonder if God even hears your prayers, or you just don't know what to pray. *A Bead and a Prayer* introduces Protestant prayer beads as a tool for connecting with God. This 4-week Bible study is designed for people with no experience in using prayer beads. You will discover answers to such questions as:

- Why use prayer beads?
 - Is it really okay for Protestants to use beads in prayer?
 - What do the beads mean?
 - How do I use prayer beads?
- Other features of the book include
- a brief history of the use of prayer beads
 - easy instructions for making prayer beads
 - prayers and devotions to use with the beads
 - resources for making or purchasing your own set of prayer beads

Praying with beads may be exactly what you need to stay focused in your prayers. Consider sharing this experience with your prayer or Bible study group. Youth also enjoy making the prayer beads and learning to use them. The book includes a Leader's Guide for groups.



<https://bookstore.upperroom.org>

"Why am I still here? Why is God letting me suffer so long?"

Frailty, dependence, and constant pain can lead to spiritual hopelessness in older adults. While we're inspired by occasional news about an extraordinary centenarian who swims every day, it's more common to grieve and wonder as loved ones grow feeble.

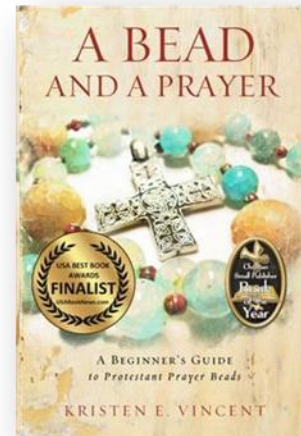
With compassion and honesty, Buchanan gives voice to the those who have to depend on others for assistance with daily tasks. She leads caregivers and those in their care to see that living with purpose in old age is an extension of the challenges lived all along:

- learning to offer our will to God's
- trusting God's grace
- continuing to respond with the joy and fortitude of faith

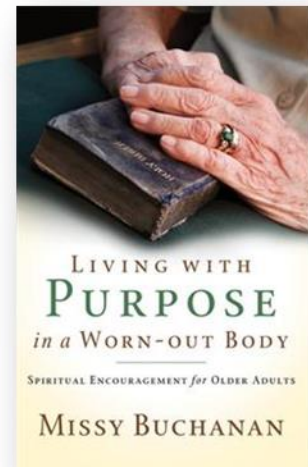
Buchanan fosters empathy for the frail elderly and expresses their deepest concerns without tap-dancing around the tough issues. Forty-two short, comforting devotions offer spiritual encouragement to those who now cope with daily limitations and failing health.

The devotions are written in the first person, allowing readers to speak directly to God about their concerns. Supporting scriptures from the New Testament and Psalms are included with each meditation. Buchanan writes to the experiences of lifelong Christians as well as elderly non-believers who are thinking anew about God.

Help someone you love find a reason and way to live out God's purpose in spite of their limitations.



A Bead and a Prayer
A Beginner's Guide to Protestant Prayer Beads
[Kristen E. Vincent](#)



Living with Purpose
in a Worn-Out Body
Spiritual
Encouragement
for Older Adults
[Missy Buchanan](#)



August Memorial Ministry Corner



August "Internal" Missions' Project Trinity "Wish List" Fund

Co-Sponsored by Missions' Committee & Memorial Ministry

Help Support the Trinity "Wish List" Fund During the Month of August!

Priority Projects

Preschool Room Speaker Installation & Narthex Kitchenette Outlet Rewiring
(Estimated Cost = \$2,000.00)

Current Balance

"Wish List" Fund = \$3,466.71

Marilyn Anderson Memorial ("Wish List Items") = \$5,000.00

Contributions Will Be Accepted the Entire Month of August.
Special Offering Envelopes Will Be Available in Selected Bulletins,
Narthex Table, and on Bulletin Boards.

Please make checks payable to "Trinity United Methodist Church";
Notate Checks "Wish List" Fund.

We encourage you to give to the church's general budget first, with your "first fruits," and then if you are led and want to give further to this month's internal missions' project, please do so.

- - *Kathy Bastian, Missions' Chair; Paul Murphey, Memorial Ministry Chair*

"Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." - - Matthew 7:7

Thank You Noted. Memorial Ministry has received the following thank you note:

Trinity United Methodist Church: Thank you for awarding me with this generous scholarship. I will be using it towards the cost of furthering my education at UW-Whitewater, where I plan to major in business. I also want to thank the congregation for the continued love and support. Thank you again, **Tora V. Perkins**

Note: Tora was a recipient of Trinity's 2020 scholarship for \$500.00.

Saying a Fond Farewell and Thanks! Memorial Ministry has received a membership resignation from **Rhonda Sutton**, effectively immediately. Rhonda & her husband, Terry, will be moving to Lake Wisconsin (Lodi, WI) effective September 01, 2020. Rhonda has also resigned from the Missions' Committee. We want to thank Rhonda for her years of dedicated service to both groups. Among the many tasks Memorial Ministry asked Rhonda to perform, she was a valued member (because of her background in Human Relations/Personnel) on our scholarship review team. We wish both Rhonda & Terry the best of luck as they make this move and start another whole new chapter in their lives.

Now, Onto the Welcome! Memorial Ministry is very pleased to announce that **Joan Bethke** has agreed to serve on this ministry team as one of our at-large members. This is definitely a first for Chair Paul Murphey, as he usually must wait a year or two to fill an open spot! We are very grateful to Joan for "jumping forward" so quickly to maintain a complete Memorial Ministry team.

Memorial Ministry Meeting Notice. Please note that the Tuesday, August 11, 2020, of Memorial Ministry has been **cancelled**. Chair P. Murphey will be communicating with members to provide an update. Our work still carries on behind the scenes even though we are unable, currently, to meet in person.



Stay Cool & Safe During This
Never-Ending Heat Wave!

“Worship In the Park” Changing Venues.....



RCMA ANNUAL LABOR DAY OUTDOOR WORSHIP SERVICE Sunday, September 6th

Worship in the Park in its 16th Year! – and this year *Worship in the Park* will be very different. We will NOT be in Krouskop Park, but at the Starlite Drive-in Theater on Hwy 14 East. We will stay in our vehicles and the service will be played on the large screen for all to see. There are still a few things that need to iron out, but for now this is what we have.

As most of you may remember, in 2007 we were flooded out so didn't have a service. In 2008 we had a flood, but were still able to have the worship service as planned. This year instead of a flood, we have the pandemic and uncertainty as to what will happen surging around us. We have persevered through all of that and with God's help; we will get through this too.

As things get ironed out for our 16th year, we will keep you posted in the bulletins, newsletters and on our website. In the meantime, please pray for the churches that are in charge of the event this year. The event is once again being sponsored by the Richland County Ministerial Association.

Mission Focus For 2020



MONTHLY MISSION FOCUS FOR 2020	
AUGUST	MEMORIAL MINISTRY WISH LIST
September	SIERRA LEONE WATER & DEVELOPMENT MINISTRY, Advance #181000 (Lee Weaver)
October	HARVEST AUCTION: to fulfill our covenant with David Makobo, Senegal, Africa World Communion Sunday, October 4 th #1045
November	SNACK PACKS FOR BACKPACKS (local school district project for kids who are at risk for not having food over the weekend/school vacations) UM Student Day, November 29 th #1055
December	SALVATION ARMY – Offering and opportunity for bell ringing

Our United Methodist missionaries are sent "from everywhere to everywhere," **Thomas Kemper** leads the General Board of Global Ministries, the agency of The UMC responsible for the training and oversight of our more than 350 missionaries in more than 65 countries around the world.

Kemper joined in a video conference call as he was preparing to celebrate the 2019 bicentennial of Methodist missions. Discussion focused on how our United Methodist missionaries serve as church planters, medical professionals, theology professors, agricultural experts and so much more. In the process, they shared their whole lives with the people they serve.

You will be inspired by the way Thomas talks about missions, the stories of our missionaries and the ways supporting our missionaries helps keep our spirits in shape. (see video website link below)

<https://www.umc.org/en/content/umc-missionaries-share-their-lives-get-your-spirit-in-shape>

Auto-Donations Made Easy At WCCU



Automatic Payment Authorization

New Change (Also use "Change" if new loan pays off existing loan.)

Existing Auto Transfer Info: Member # _____ Member Name _____

What is changing:

Account Number Amount Date Internal to External External to Internal

New Loan pays off an existing loan(s) Loan number(s) _____

Next Scheduled Transfer Date of Existing Transfer _____ Amount of Existing Transfer \$ _____

Select if transfer is from an INTERNAL account or from an EXTERNAL account and complete that section:

TRANSFER FROM INTERNAL
WCCU ACCOUNT

From Member #: _____ Suffix #: _____

From Member/Business Name: (must authorize below) _____

Transfer Amount: _____ Start Date: _____

Select One:

Day of each month (monthly transfer):
_____ Day 1-30 _____ Day 1-30

Bi-weekly (every other week)
Select A Weekday:

Weekly (every week)
Select A Weekday:

Monthly (specific day, Social Security):
Select A Day:

Quarterly Annually Semi-Annually

I (we) understand and agree that in order for WCCU to make transfers requested on this authorization for, I (we) must have the transfer amount available in my (our) account. Otherwise, the Credit Union may dishonor the withdrawal and/or assess an overdraft charge. The Credit Union's rights in respect to each withdrawal shall be the same as if it were a check drawn on my (our) account, and WCCU shall be fully protected in honoring such a withdrawal. I (we) further agree that if any such withdrawal is dishonored with cause, the Credit Union shall be under no liability whatsoever if such dishonor results in late charges.

TRANSFER FROM EXTERNAL via Automated Clearing House
OTHER FINANCIAL INSTITUTION

From Member/Business Name: (must authorize below) _____

Financial Institution: _____

Financial Address: _____

Routing #: _____ Account #: _____

Account type: Checking Savings

Transfer Amount: _____ Start Date: _____

Day of each month (monthly transfer) Select one:
 1st 3rd 5th 10th 15th 20th 25th 30th

Bi-Weekly (every other week)
Select one: Monday OR Friday

Weekly (every week)
Select One: Monday OR Friday

Monthly (specific day, Social Security) Select A Day:

Quarterly (on the 1st of the month)

One-Time Transfer Only

I authorize WCCU to initiate variable entries to my account at the financial institution named above. This authority will remain in effect until I notify WCCU, in writing, to cancel it in such time as to afford the credit union a reasonable opportunity to act on it. I can stop the payment of any entry by notifying WCCU 3 Business days before my account is to be charged. I can have the amount of an erroneous charge immediately credited back to my account up to 60 days following issuance of my statement.

TRANSFER TO:

Member #: 58270 _____ Member/Business Name: Trinity United Methodist Church _____

Suffix #: 0030 _____ Select one: Checking Savings Loan Escrow Credit Card

Transfer Amount: _____

For "Non-90" Mortgage loan types: P&I Amount: _____ Escrow Amount: _____

Authorizing Owner Signature: _____ Date: _____

WCCU Staff: _____ (Print Name)

CHURCH WORSHIP AND COMMUNION SERVICE ALTERNATIVES

WORSHIP SERVICE ALTERNATIVES:

Pastor Rey's Sunday worship services at Peace UMC are video recorded and made available later in the afternoon. Now that Trinity has "reopened" our doors for in-person worship, we realize some of you may not be ready to return just yet. We want to reaffirm that Trinity will continue with online worship services and communion alternatives

Pastor Rey's worship services can be watched at home either on your TV or computer at the following:

- > **Television** – Service on NOVA: 3:30 p.m.
Channels: Genuine Telecom - 12, Charter (No HD) – 95, Charter (With HD) – 984
- > **Computer** – Trinity UMC website (on the Home page/select Sermons/Worship Service Videos)
<http://trinity.umchurchrc.org/>

COMMUNION SERVICE ALTERNATIVES:

Pastor Rey has asked all members who wish to participate in taking communion at home to consider the option of pre-filled 'home communion cups'. You are encouraged to watch the video recorded services in your home each Sunday, and especially on Communion Sundays.

For all Communion Sundays to follow (1st Sunday of every month), we are offering to deliver to your home (one time delivery) the communion elements, at your request, at no charge. The juice and wafer are pre-filled and packaged together in one unit for easy use.

We ask for those families who are interested in receiving a home delivery, to please CALL [608-647-3203](tel:608-647-3203), or EMAIL trinityumc@mwt.net stating your name, address, phone number, and how many units you will need based on the number of people in your family that will be participating in home communion. (Example for 3 months: a family of 4 will receive 12 units)

The home deliveries will be brought to your home in a marked and labelled plastic bag. You will also be sent a reminder notification to reconfirm the specific week deliveries will be made.



**Many Thanks for Choosing
Other Alternative
Ways to Give!**



During this continued Covid crisis, many were happy to learn of other ways to help support Trinity Church. One could arrange with their financial institution to give electronically (**call the office for a WCCU Automatic Payment Authorization form that can be mailed to you directly see page 9 for a printed copy of this form**). Or one could write a monthly check rather than weekly. For the duration of this emergency, please mail your checks to **Trinity United Methodist Church, 400 East Seminary Street, Richland Center WI 53581**. Please send your donations to the church as Pat gets the mail a couple times a week.

Our prayers and wishes for all to please stay safe. When this is over and we are once again able to open up the church, we can all be together again to worship our Lord and Savior.

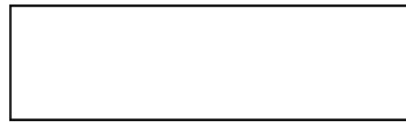
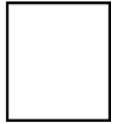
It is important for us to remember that, although we are not gathering for worship, God's Holy Spirit is always with us, as Jesus promised!! May God's presence bolster all of our spirits.

AUGUST MINISTRY 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>National Watermelon Day on August 3rd recognizes the refreshing summertime treat enjoyed at picnics and fairs! Watermelon is 92% water, which is why it is so satisfying in the summer heat.</p>						1 Pastor's Day Off
2 9:30 Worship No Sunday School COMMUNION <i>Sunday</i> 	3 	4 Tuesday Morning Group 10:00 am	5	6	7	8 Pastor's Day Off
9 9:30 Worship No Sunday School	10	11 Tuesday Morning Group 10:00 am	12	13	14	15 Pastor's Day Off
16 9:30 Worship No Sunday School	17	18 Tuesday Morning Group 10:00 am	19 CHIMES DEADLINE 	20	21	22 Pastor's Day Off
23 9:30 Worship No Sunday School	24	25 Tuesday Morning Group 10:00 am				29 Pastor's Day Off
30 9:30 Worship No Sunday School	31	<p>"FLEXIBLE" Church Office Hours In effect till September 1st, as staff are working remotely from home. For assistance please call 647-3203 and leave message or for quicker response send email to trinityumc@mwt.net</p>				

Trinity United Methodist Church
400 East Seminary Street
Richland Center, WI 53581



Trinity United Methodist Church

Sunday Worship: 9:30 a.m.

Pastor: Rey Díaz

Pastor's Cell Phone: 608-475-3677

Pastor's email: zoolaar@live.com

Pastor's Office Hours: Wednesday and Thursday 9-12 PM
and by appointment M - F

Saturday: Pastor's day off

Trinity Church Office

Hours: Monday – Friday, 9 - noon

Trinity UMC Office: (608) 647-3203

Trinity's email: trinityumc@mwt.net

Websites: www.umchurchrc.org & www.trinity.umchurchrc.org

Administrative Assistant: Pat Leonard

Treasurer/Financial Secretary: Kathy Richardson

Custodian: Bill Twining